



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

Before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Sunday's Gospel Reflection (Lk 6:39-45)



As we hear in today's Gospel, **"It is out of the abundance of the heart that the mouth speaks."** This saying indicates the need for a good and loving heart. Our hearts are filled with goodness in many ways – a good conversation with friend or loved one; a contemplation of art; prayer and listening to the Word of Jesus; the sacrament of Reconciliation; the Holy Communion at Mass ...

God in many ways increases the store of goodness in our hearts, and we can find ways of allowing this to happen. Words and deeds reflect our hearts but also build and shape them.

Fr. Jamroz

WELCOME HOME TO ST. MICHAEL PARISH

Welcome, we are really glad you're here! Whether exploring, struggling or looking for a new Church Home - we extend a warm welcome to our parish and pray that you feel at home. Please introduce yourself and consider becoming a member of our Family of Faith. *For details on our parish life, registration, offering envelopes, pre-authorized or online giving, as well as to find out about ways of connecting, check out our website: www.stmichaelw.ca*



Tuesday, March 1, 2022

7:00 pm + Payton James Colussi – Rina & Silvano Colussi
7:30 pm Holy Hour with Adoration & Benediction

Wednesday, March 2, 2022, Ash Wednesday

12:15 pm + Jonny & Marie Bogan – Tony Bogan
 + Special Intentions of Janice Hartman
 - Derek & Lauren Hartman
7:00 pm + For the Parishioners of St. Michael Parish

Thursday, March 3, 2022

12:15 pm + Raymond D. Hartman – The Benavides Family

Friday, March 4, 2022

8:00 am + Katherine Krochak – Nick Stasiuk
7:00 pm + For the Parishioners of St. Michael Parish
7:30 pm Stations of the Cross

Saturday, March 5, 2022

5:00 pm + Bill Bernhardt – Jenny Bernhardt

Public Masses have resumed

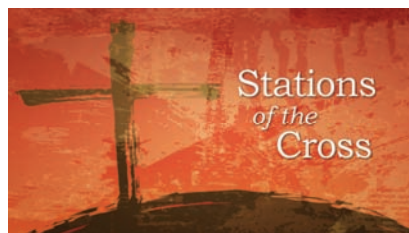
We may welcome the number of people we can accommodate with two metres of social distance between individuals/households. All who participate in the liturgy are to wear masks.

Sunday Homilies Online

Sunday homilies are available weekly online in audio version through our parish website – just click on the button 'LISTEN TO HOMILY'.

Parish Office Hours

The parish office is open for in person, Monday – Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz at 519-884-9311 ext. 27 or by email at pastor@stmichaelw.ca



Stations of the Cross

Friday evenings during Lent following the 7:00 pm Mass.



Ash Wednesday, March 2

Please join us for Mass at 12:15 pm or 7 pm.

In Latin *Dies Cinerum* (Day of Ashes). It is the start of 40 days of prayer, penance, and almsgiving as we prepare ourselves to celebrate the Resurrection of our Lord on Easter Sunday. On this day all the faithful according to ancient custom are exhorted to approach the altar and there Priest, Deacon, or Minister, dipping his thumb into ashes previously blessed, marks upon the forehead of each the sign of the cross, saying the words: “*Repent and believe in the Gospel*” (Mk 1:15) or “*Remember you are dust and unto dust thou shalt return*” (Gen 3:19).

This year ashes will be sprinkled on top of people's heads. Ash Wednesday (and Good Friday) is an obligatory day of fasting and abstinence for Catholics.

WHAT IS LENT?

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on **Ash Wednesday** and ends on **Holy Thursday**. It is a period of preparation to celebrate the Lord's Resurrection at Easter. We are called not only to fast and pray during Lent, but to a true inner conversion of heart. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to fast in other ways (see, Joel 2:13).

In Lent, those who are baptized are called to renew their baptismal promises and commitment while others prepare to be baptized through the *Rite of Christian Initiation of Adults* (a period of learning and discernment for those who wish to become Catholics).

First Friday and World Day of Prayer Friday, March 4

The World Day of Prayer is celebrated annually on the first Friday in March. It is an invitation for Christians to pray together ecumenically. **Please join us for Mass at 8:00 am followed by Adoration of the Blessed Sacrament from 8:30 am to 9:00 am.**

RCIA Rite of Election will be celebrated next Sunday, March 6 at the 9:00 am Mass.



CWL Rosary On-Line during Lent 7:00 pm Thursdays

CWL members and parishioners are invited to join together in praying the Rosary on **Thursday** evenings during Lent – March 3rd, 10th, 17th, 24th, 31st and April 7th.

The Rosary will be prayed on-line over Zoom at 7pm. It will be led by a member of the CWL.

If you would like to join, please email Shani Pregelj: email = cwl@stmichaelw.ca or phone 519-883-8933 to request the Zoom link.

All are welcome to participate – CWL members, parishioners and friends.



This Lent, let's put people and planet first

This year, Development and Peace — Caritas Canada's *People and Planet First* campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet.

Do this by:

1. **Donating** online at devp.org/give or during the Solidarity Sunday collection on April 3, the fifth Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!
2. **Learning more by reading the Mini-magazine** and other resources available at devp.org/lent/resources.
3. **Signing the petition** for strong laws to control Canadian corporations' behaviour abroad at devp.org/act.



DIOCESE OF HAMILTON

INDIGENOUS RECONCILIATION FUND

Bishop Crosby has recently provided an update on the participation of the Diocese of Hamilton in the national Indigenous Reconciliation Fund. Please read his pastoral letter on the Hamilton Diocese website <https://hamiltondiocese.com/residential-schools/>

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